

Kids to Parks Month

Newport News is gearing up for an exciting celebration of nature and outdoor play as the city proclaims the month of May as Kids to Parks Month. From exhilarating playgrounds to magnificent scenic trails, Newport News offers 36 picturesque parks and a wide variety of outdoor experiences. With almost 9,000 acres, 54 playgrounds, and more than 40 miles of trails, kids can enjoy fostering an appreciation for the natural world. Research shows that spending time in nature offers numerous health benefits including improved physical health, increased creativity, enhanced concentration, and reduced risk of chronic illnesses. During the month of May, let's encourage kids to explore, discover, and enjoy the great outdoors, one park at a time (with appropriate supervision of course).

To kick off Kids to Parks Month, Parks and Recreation is presenting the 32nd Annual Children's Festival of Friends from 10 AM - 5 PM on May 4th at Newport News Park. The event promises to be a fun-filled day with over 100 free activities, interactive games, and countless opportunities to connect with nature. From nature walks to arts and crafts, the Children's Festival of Friends is sure to delight. Food vendors will also be on-site offering delicious treats and refreshments throughout the day.

Did you know that May 4th is also Star Wars Day? Be on the lookout for a variety of costumed characters from a galaxy far, far away at the Children's Festival of Friends!

Admission is free. Parking fees have been waived in honor of Kids to Parks Month. May the 4th Be With You!

To learn more about Kids to Parks Day, please visit <https://parktrust.org/kids-to-parks-day/> and to learn more about Children's Festival of Friends, please visit <https://nnparksandrec.org/event/childrens-festival-of-friends/>