




| Su | Mon | Tue | Wed | Thu | Fri | Sat | NN Aquatic Division Program & Event Schedule Aquatic Center Brittingham-Midtown Community Center |
|--|--|---|---|---|---|---|---|
| Aquatic Division Mission Statement Protect Lives Provide Opportunities Promote Health | | |  <h1 style="margin: 0;">November 2023</h1>  | | | | |
| | | | 1 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p WF Classes 6:00-6:50p Closed 7:30pm | 2 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-7:30p Walking/Fitness 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:15p Closed 7:30pm | 3 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-4:00 (meet set-up) Lap Swim 4:00-7:30p Walking/Fitness 4:00-7:30p CGBD Team 4:15-7:15p Closed 7:30pm | 4 Closed CGBD Swim Meet (all day) | |
| 5 | 6 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-11:30a Closed 1:00-2:00pm (meet take-down) Lap Swim 2:00-7:30p NNPS Teams 2:30-5:00p CGBD Team 4:30-7:30p WF Classes 6:00-6:50p CNU Swim Club 6:00-7:15p Closed 7:30pm | 7 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a CNU Swim Club 7:00-8:00a WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Walking/Fitness 5:00-7:30p Closed 7:30pm | 8 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm WF Classes 6:00-6:50p Closed 7:30pm | 9 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-7:30p Walking/Fitness 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:15p Closed 7:30pm | 10 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p Walking/Fitness 2:00-7:30p HVAC Team 4:00-7:30p CGBD Team 4:15-7:15p Closed 7:30pm | 11 Lap Swim 9:00a—4:00p Synchro 9:00-11:30a Swim Lessons 9:15-11:00a UWHockey 9:30a-1:00p K2 Diving 12:15-2:00p Family Swim 1:00-3:45pm MM Trianing 2:00-3:45p Closed—4:00p | |
| 12 | 13 Lap Swim 6:00a-1:00p HRA Team 6:15-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p CGBD Team 4:30-7:30p WF Classes 6:00-6:50p CNU Swim Club 6:00-7:15p Closed 7:30pm | 14 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a CNU Swim Club 7:00-8:00a WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Walking/Fitness 5:00-7:30p Closed 7:30pm | 15 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p WF Classes 6:00-6:50p Closed 7:30pm | 16 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p Walking/Fitness 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:15p Closed 7:30pm | 17 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p Walking/Fitness 2:00-7:30p CGBD Team 4:15-7:15p Closed 7:30pm | 18 Lap Swim 9:00a—4:00p Synchro 9:00-11:30a Swim Lessons 9:15-11:00a UWHockey 9:30-11:30a Family Swim 1:00-3:45pm Closed—4:00p | |
| 19 | 20 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p CGBD Team 4:30-7:30p WF Classes 6:00-6:50p CNU Swim Club 6:00-7:15p Closed 7:30pm | 21 Lap Swim 6:00a-1:00p WF Classes 8:30-10:30a T3i Training 10:45a-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Walking/Fitness 5:00-7:30p Closed 7:30pm | 22 Lap Swim 6:00a—1:00p WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p WF Classes 6:00-6:50p Closed 7:30pm | 23  (closed) | 24 Facility closed | 25 Facility closed | |
| 26 | 27 Lap Swim 6:00a—1:00p WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p CGBD Team 4:30-7:30p WF Classes 6:00-6:50p CNU Swim Club 6:00-7:15p Closed 7:30pm | 28 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a CNU Swim Club 7:00-8:00a WF Classes 8:30-10:30a VA Marine Police 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Walking/Fitness 5:00-7:30p Closed 7:30pm | 29 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a VA Marine Police 8:30-10:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p WF Classes 6:00-6:50p Closed 7:30pm | 30 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p CGBD Team 4:30-6:00p Closed 6:00pm <div style="border: 1px solid black; padding: 2px; display: inline-block;"> HS Swim Meet 6:00-9:00pm </div> | Dec 1 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a VA Marine Police 1:00-4:00p Closed 1:00-2:00p Lap Swim 2:00-7:30p Walking/Fitness 2:00-7:30p CGBD Team 4:15-7:15p Closed 7:30pm | 2 Lap Swim 9:00a—4:00p Synchro 9:00-11:30a UWHockey 9:30a-1:00p Family Swim 1:00-3:45pm Closed—4:00p | |
| | | | | | | | Hours of Operation Mon—Fri: 6:00am-7:30pm Closed: For cleaning/maintenance/training M—Th 1:00-1:30pm Fri 1:00-2:00pm Saturday: 9:00am- 4:00pm Sundays—Closed |
| | | | | | | | Phone: 757-591-4573 Address: 570 McLawhorne Drive Newport News , VA 23601 Website: https://nnparksandrec.org |
| | | | | | | | Looking ahead....December Closed: Sun 24—Tue 26 Christmas holiday |
| | | | | | | | High School swim meets Mon & Thr evenings, facility will close at 6pm to regular programming, exclusive for swim meet. |
| | | | | | | | Legend: CGBD=Coast Guard Blue Dolphins swim team FS=family swim MIRT=Marine Incident Response Team MM=Mariner's Museum Synchro=Midtown Mystiques Synchronized swim club T3i= Air Force training group UWH=Underwater Hockey Club WF Classes = fitness with instructor Walking/Fitness = lane(s) designated for anyone wanting to do exercise, no instructor |