

Su	Mon	Tue	Wed	Thu	Fri	Sat	NN Aquatic Division Program & Event Schedule Aquatic Center Brittingham-Midtown Community Center
Aquatic Division Mission Statement  Protect Lives Provide Opportunities Promote Health 					1 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a NNFD Training 8:30a-1:00p Closed 1:00-2:00p VA Marine Police 1:00-4:00p Lap Swim 2:00-7:30p Walking/Fitness 2:00-7:30p CGBD Team 4:15-7:15p Closed 7:30pm	2 Lap Swim 9:00a--4:00p Synchro 9:00-11:45a UWHockey 9:30a-1:00p Family Swim 1:00-3:45pm Closed—4:00p	
Closed	4 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-6:00p NNPS Teams 2:30-5:00p CGBD Team 4:15-6:00p Closed 6:00pm HS Swim Meet 6:00-9:00p	5 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Walking/Fitness 5:00-7:30p Closed 7:30pm	6 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Closed 7:30pm	7 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-6:00p NNPS Teams 2:30-5:00p CGBD Team 4:30-6:00p Closed 6:00pm HS Swim Meet 6:00-9:00p	8 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p Walking/Fitness 2:00-7:30p CGBD Team 4:15-7:15p Closed 7:30pm	9 Lap Swim 9:00a--4:00p Synchro 9:00-11:30a UWHockey 9:30a-1:00p K2 Diving 12:15-2:00p Family Swim 1:00-3:45pm MM Trianing 2:00-3:45p Closed—4:00p	
	10 Closed	11 Lap Swim 6:00a-1:00p HRA Team 6:15-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-6:00p NNPS Teams 2:30-5:00p CGBD Team 4:30-6:00p Closed 6:00pm HS Swim Meet 6:00-9:00p	12 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Walking/Fitness 5:00-7:30p Closed 7:30pm	13 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Teams 2:30-5:00p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Closed 7:30pm	14 Lap Swim 6:00a—1:00p HRA Team 6:15-7:30a WF Classes 8:30-10:30a Float Fit Class 11:00-11:45a Closed 1:00-1:30p Lap Swim 1:30-6:00p NNPS Teams 2:30-5:00p CGBD Team 4:30-6:00p Closed 6:00pm HS Swim Meet 6:00-9:00p	15 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p Walking/Fitness 2:00-7:30p CGBD Team 4:15-7:15p Closed 7:30pm	16 Lap Swim 9:00a--4:00p Synchro 9:00-11:30a UWHockey 9:30-11:30a Family Swim 1:00-3:45pm MM Trianing 2:00-3:45p Closed—4:00p
Closed	17 Closed	18 Lap Swim 6:00a—1:00p Family Swim 11:00a-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p Family Swim 3:00-6:00p CGBD Team 4:30-7:30p Closed 7:30pm	19 Lap Swim 6:00a-1:00p T3i Training 10:45a-12:45p Family Swim 11:00a-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p H.S. Diving 4:45-5:45pm CGBD Team 4:30-7:30p Walking/Fitness 5:00-7:30p Closed 7:30pm	20 Lap Swim 6:00a—1:00p CGBD Masters 6:00-8:00a CGBD Team 7:30-11:00a Family Swim 11:00a-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p Family Swim 3:00-6:00p Closed 7:30pm	21 Lap Swim 6:00a—1:00p CGBD Team 7:30-11:00a Family Swim 11:00a-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p Walking/Fitness 1:30-7:30p Family Swim 3:00-6:00p Closed 7:30pm	22 Lap Swim 6:00a—1:00p CGBD Masters 6:00-8:00a CGBD Team 7:30-11:00a Family Swim 11:00a-12:45p Closed 1:00-2:00p Lap Swim 2:00-7:30p Walking/Fitness 2:00-7:30p Family Swim 3:00-6:00p Closed 7:30pm	23 Lap Swim 9:00a--1:00p Family Swim 10a-12:45p Closed—1:00p
	24 Closed	25 Closed 	26 closed	27 Lap Swim 6:00a—1:00p CGBD Masters 6:00-8:00a CGBD Team 7:30-11:00a Family Swim 11:00a-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p Family Swim 3:00-6:00p Closed 7:30pm	28 Lap Swim 6:00a—1:00p CGBD Team 7:30-11:00a Family Swim 11:00a-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p Walking/Fitness 1:30-7:30p Family Swim 3:00-6:00p Closed 7:30pm	29 Lap Swim 6:00a—1:00p CGBD Masters 6:00-8:00a CGBD Team 7:30-11:00a Family Swim 11:00a-12:45p Closed 1:00-2:00p Lap Swim 2:00-7:30p Walking/Fitness 2:00-7:30p Family Swim 3:00-6:00p Closed 7:30pm	30 Lap Swim 9:00a--4:00p CGBD Team 9:00-10:30a Family Swim 1:00-3:45pm Closed—4:00p

Hours of Operation

Mon—Fri: 6:00am-7:30pm
Closed:
 For cleaning/maintenance/training
 M—Th 1:00-1:30pm
 Fri 1:00-2:00pm
 Saturday: 9:00am- 4:00pm
 Sundays—Closed

Phone: 757-591-4573

Address: 570 McLawhorne Drive
 Newport News, VA 23601

Website:
<https://nnparksandrec.org>

Looking ahead....January

Closed:
 Mon 1st New Year's Day
 Sat 6th for Swim Meet

High School swim meets **Mon & Thr** evenings, facility **will close at 6pm** to regular programming, exclusive for swim

Legend:
 CGBD=Coast Guard Blue Dolphins swim team
 FS=family swim
 MIRT=Marine Incident Response Team
 MM=Mariner's Museum
 Synchro=Midtown Mystiques Synchronized swim club
 T3i= Air Force training group
 UWH=Underwater Hockey Club
 WF Classes = fitness with instructor
 Walking/Fitness = lane(s) designated for anyone wanting to do exercise, no instructor