



# March 2023

## NN Aquatic Division Program & Event Schedule Aquatic Center Brittingham-Midtown Community Center



Sun	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:15a WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	2 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a T3i Training 10:45a-12:45p Float Fit Class 12:00-12:45p  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:00p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:00p <b>Closed 7:30pm</b>	3 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a  <b>Closed 1:00-2:00p</b> Lap Swim 2:00-7:30p Dive RVA Team 5:30-7:15p CGBD Team 4:00-7:00p <b>Closed 7:30pm</b>	4 Lap Swim 9:00a--2:00p Synchro 9:15-11:15a UWHockey 9:15-11:45a Swim Lessons 9:30-11:30  <b>Family Swim 11a-1:45p</b> <b>Closed-- 2:00p</b>
Closed	5 Lap Swim 6:00a—1:00p WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-6:00p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	7 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p <b>Closed 7:30pm</b>	8 Lap Swim 6:00a—1:00p WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	9 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:00p CGBD Team 4:30-7:30p <b>Closed 7:30pm</b>	10 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a  <b>Closed 1:00-2:00p</b> Lap Swim 2:00-7:30p Dive RVA Team 5:30-7:15p CGBD Team 4:00-7:00p <b>Closed 7:30pm</b>	11 Lap Swim 9:00a--2:00p  <b>Mariner's Museum Boater Safety Course 9:00-11:30a</b> Swim Lessons 9:30-11:30 UWHockey 11:00-1:00 K2 Diving 12:30-2:00p <b>Family Swim 11a-1:45p</b> <b>Closed-- 2:00p</b>
Closed	12 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-6:00p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	14 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:15a WF Classes 8:30-10:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p <b>Closed 7:30pm</b>	15 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:15a WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	16 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:00p <b>Closed 7:30pm</b>	17 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a  <b>Closed 1:00-2:00p</b> Lap Swim 2:00-7:30p CGBD Team 4:00-7:00p <b>Closed 7:30pm</b>	18 Lap Swim 9:00a--2:00p Synchro 9:15-11:15a UWHockey 9:15-11:45a Swim Lessons 9:30-11:30  K2 Diving 12:30-2:00p <b>Family Swim 11:30a-1:45p</b> <b>Closed-- 2:00p</b>
Closed	19 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	21 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:15a WF Classes 8:30-10:30a T3i Training 10:45a-12:45p Float Fit Class 12:00-12:45p <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p <b>Closed 7:30pm</b>	22 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:15a WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	23 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a  Float Fit Class 12:00-12:45p <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:00p <b>Closed 7:30pm</b>	24 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a  <b>Closed 1:00-2:00p</b> Lap Swim 2:00-7:30p CGBD Team 4:00-7:00p <b>Closed 7:30pm</b>	25 Lap Swim 9:00a--2:00p Swim Lessons 9:30-11:30  <b>Family Swim 11:30a-1:45p</b> <b>Closed-- 2:00p</b>
Closed	26 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-6:00p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	28 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:15a WF Classes 8:30-10:30a  Float Fit Class 12:00-12:45p <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p <b>Closed 7:30pm</b>	29 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a  <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p <b>Closed 7:30pm</b>	30 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a  Float Fit Class 12:00-12:45p <b>Closed 1:00-1:30p</b> Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:00p <b>Closed 7:30pm</b>	31 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a  <b>Closed 1:00-2:00p</b> Lap Swim 2:00-7:30p CGBD Team 4:00-7:00p Dive RVA Team 5:30-7:15p <b>Closed 7:30pm</b>	

**Hours of Operation**  
 Mon-Fri 6:00am-7:30pm  
 Closed:  
 M-TH 1:00-1:30p  
 Fri 1:00-2:00  
 Saturday 9:00am-2:00pm  
  
 Sundays—Closed  
 \*\*exceptions as noted

**Aquatic Division  
 Mission Statement**  
**Protect Lives  
 Provide Opportunities  
 Promote Health**

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 570 McLawhorne Drive  
 Newport News  
 VA 23601  
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