



February 2023

NN Aquatic Division Program & Event Schedule Aquatic Center Brittingham-Midtown Community Center



Sun	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			<p>1 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a CNU Swim Club 7:00-8:15a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Swim Teams 2:15-4:30p NNPS Dive Team 4:30-5:45p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p Closed 7:30pm</p>	<p>2 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a WF Classes 8:30-10:30a T3i Training 10:45a-12:45p Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:00p NNPS Swim Teams 2:15-4:30p CGBD Team 4:30-6:00p H.S. Swim Meet 6:30-8:30pm Closed 7:00pm</p>	<p>3 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p CGBD Team 4:00-7:00p Closed 7:30pm</p>	<p>4 Lap Swim 9:00a—2:00p Synchro 9:15-11:15a UWHockey 9:15-11:45a Family Swim 11a-1:45p Closed— 2:00p</p>	
5	<p>6 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Swim Teams 2:15-4:30p CGBD Team 4:15-6:00p WF Classes 6:00-6:50p Closed 7:30pm</p>	<p>7 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a CNU Swim Club 7:00-8:15a WF Classes 8:30-10:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Swim Teams 2:15-4:30p CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>8 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p NNPS Swim Teams 2:15-4:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p Closed 7:30pm</p>	<p>9 NNPS Region 5A Swim Championship Pool open 4:00-7:30pm Lap Swim 4:00-7:30p HRA Swim Team 4:00-5:15p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:00p Closed 7:30pm</p>	<p>10 NNPS Region 4A Swim Championship Pool open 4:00-7:30p Lap Swim 4:00-7:30p HRA Swim Team 4:00-5:15p CGBD Team 4:00-7:00p Closed 7:30pm</p>	<p>11 TCIS Swim Meet (all day) Pool closed to general use</p>	
12	<p>13 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a NNFD SRT 9:00-10:00a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:15-6:00p WF Classes 6:00-6:50p Closed 7:30pm</p>	<p>14 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a CNU Swim Club 7:00-8:15a WF Classes 8:30-10:30a NNFD SRT 9:00-10:00a Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>15 Lap Swim 6:00a—1:00p HRA Swim Team 6:00-7:15a CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a NNFD SRT 9:00-10:00a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p Closed 7:30pm</p>	<p>16 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:00p Closed 7:30pm</p>	<p>17 CGBD Swim Meet (all day) Pool closed to general use</p>	<p>18 CGBD Swim Meet (all day) Pool closed to general use</p>	
19	<p>20 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p Closed 7:30pm</p>	<p>21 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:15a WF Classes 8:30-10:30a T3i Training 10:45a-12:45p Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>22 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p WF Classes 6:00-6:50p Closed 7:30pm</p>	<p>23 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:00p Closed 7:30pm</p>	<p>24 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p CGBD Team 4:00-7:00p Dive RVA Team 5:30-7:15p Closed 7:30pm</p>	<p>25 Lap Swim 9:00a—2:00p Synchro 9:15-11:15a UWHockey 9:15-11:45a K2 Diving 12:30-2:00p Family Swim 11a-1:45p Closed— 2:00p</p>	
26	<p>27 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:00a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:15-6:00p WF Classes 6:00-6:50p Closed 7:30pm</p>	<p>28 Lap Swim 6:00a—1:00p CNU Swim Club 7:00-8:15a WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p Closed 7:30pm</p>	<p>Hours of Operation Mon-Fri 6:00am-7:30pm Closed M—TH 1:00-1:30p Fri 1:00-2:00 Saturday 9:00am-2:00pm Sundays—Closed **exceptions as noted</p>		<p>Phone 757-591-4573 Address 570 McLawhorne Drive Newport News VA 23601 Website https://nnparksandrec.org</p>		<p>Aquatic Division Mission Statement Protect Lives Provide Opportunities Promote Health</p>