

Hours of Operation Mon-Fri 6:00am-7:30pm Closed daily 1:00-1:30pm (Fri 1:00-2:00pm) Saturday 9:00am-2:00pm Sundays—Closed	NN Aquatic Division Program & Event Schedule <h1 style="margin: 0;">Aquatic Center</h1> Brittingham-Midtown Community Center	Contact Phone: 757-591-4573 Address: 570 McLawhorne Drive Newport News, VA 23601 Website: www.nnparksandrec.org
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October 2022



Sun	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Aquatic Division Mission Statement: Protect Lives Provide Opportunities Promote Health					1 Lap Swim 9:00a--2:00p Synchro 9:15-11:15a UWHockey 9:15-11:45a LTS Classes 9:00-11:00a K2 Diving 12:15-1:45p Family Swim 11a-1:45p Closed-- 2:00p
Closed	2 Lap Swim 6:00a—1:00p CNU Swim Club 6:00-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	3 Lap Swim 6:00a—1:00p\ CNU Swim Club 6:00-7:30a WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p Synchro 6:00-7:15p Closed 7:30pm	4 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	5 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a T3i Training 10:45a-12:45p Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:15p Closed 7:30pm	6 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p CGBD Team 4:00-7:00p Dive RVA Team 5:30-7:15p Closed 7:30pm	7 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Family Swim 11a-1:45p Closed-- 2:00p
Closed	9 Lap Swim 6:00a—1:00p WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	10 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a NNFD Training 9:00a-3:00p Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p Synchro 6:00-7:15p Closed 7:30pm	11 Lap Swim 6:00a—1:00p WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	12 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:15p Closed 7:30pm	13 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-3:00p (meet setup) Lap Swim 3:00-7:30p CGBD Team 4:00-7:00p Closed 7:30pm	14 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a (all programs, rentals & lap swimming cancelled)
Closed	16 Lap Swim 6:00a—1:00p CNU Swim Club 6:00-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	17 Lap Swim 6:00a—1:00p CNU Swim Club 6:00-7:30a WF Classes 8:30-10:30a T3i Training 10:45a-12:45p Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p Synchro 6:00-7:15p Closed 7:30pm	18 Lap Swim 6:00a—1:00p WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	19 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:15p Closed 7:30pm	20 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p CGBD Team 4:00-7:00p Dive RVA Team 5:30-7:15p Closed 7:30pm	21 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Family Swim 11a-1:45p Closed-- 2:00p
Closed	23 Lap Swim 6:00a—1:00p CNU Swim Club 6:00-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	24 Lap Swim 6:00a—1:00p CNU Swim Club 6:00-7:30a WF Classes 8:30-10:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p Synchro 6:00-7:15p Closed 7:30pm	25 Lap Swim 6:00a—1:00p WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:15-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	26 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Float Fit Class 12:00-12:45p Closed 1:00-1:30p Lap Swim 1:30-7:30p CGBD Team 4:30-7:30p CNU Swim Club 6:00-7:15p Closed 7:30pm	27 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Closed 1:00-2:00p Lap Swim 2:00-7:30p CGBD Team 4:00-7:00p Dive RVA Team 5:30-7:15p Closed 7:30pm	28 Lap Swim 6:00a—1:00p WF Classes 8:30-10:30a Family Swim 11a-1:45p Closed-- 2:00p
Closed	30 Lap Swim 6:00a—1:00p CNU Swim Club 6:00-7:30a WF Classes 8:30-11:30a Closed 1:00-1:30p Lap Swim 1:30-7:30p K2 Diving 6:00-7:30p WF Classes 6:30-7:15p Closed 7:30pm	<div style="background-color: #e0ffe0; padding: 10px;"> <p>Lap Swimmers! As we move into a busy fall season with rental groups and high school swim practices, available open lanes will decrease during high-volume times during the day. Use the calendar to plan your visit, and adapt your visit around those busy times; but if you have to come those times, you may need to share lanes.</p> <p>Sharing lane etiquette is: "split" for two people in one lane, or "circle" swim with more than 2 in a lane.</p> </div>				